



FEBRUARY 2018: Pre-K - 8 Alternative Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
MEATLESS MONDAY	BURGER BASH	CULINARY	NEW YORK	PIZZA PARTY
			New York Thursday 1	2
			Vegetarian Chili with Seasoned Rice & Salsa Roasted Zucchini Corn on the Cob <u>Salad Bar</u> Kale Salad Fresh New York Apples	Classic Cheese Pizza Veggie Pizza Seasoned Pinto Beans <u>Salad Bar</u> Italian Marinated Cucumber Salad
5	6	7	New York Burger & Fries 8	9
Crunchy Tofu with Korean BBQ Sauce Vegetable Fried Rice Vegetable Egg Roll with Duck Sauce <u>Salad Bar</u> Italian Classico Salad	Hot Turkey Caprese on Ciabatta Bread Sweet Potato Waffle Fries <u>Salad Bar</u> Caesar Salad	Black Bean Quesadilla with Rice and Salsa Confetti Corn Salad Spring Mix Salad <u>Salad Bar</u> Carrot & Lemon Salad	100% Beef New York Cheeseburgers Served on Ciabatta Bread with Lettuce Tomato & New York Onion New York French Fries New York Cookie Treat <u>Salad Bar</u> Celery & Apple Salad New York Apple Slices	Classic Cheese Pizza Pesto Pizza Fresh Basil & Tomatoes Garlic Knot White Bean Salad <u>Salad Bar</u> Roasted Broccoli & Cauliflower Salad
12	13	14	New York Thursday 15	16
Mexicali Chili with Rice and Salsa Honey Corn Muffin Sweet Plantains <u>Salad Bar</u> Green Garden Salad	100% Beef Hamburgers & Cheeseburgers Burgers served with Lettuce, Tomato & New York Onion Sweet Potato Waffle Fries <u>Salad Bar</u> Greek Zucchini Salad	"Super Chef" Veggie Shepherd's Pie A Delicious Blend of Mashed Potatoes, Beans & Cheese Parmigiana Roasted Cauliflower Corn on the Cob <u>Salad Bar</u> Spinach & Cranberry Salad	Steamed Chicken Dumplings with Asian Dipping Sauce Sesame Lo-Mein Noodles Cobb Salad Roasted Broccoli <u>Salad Bar</u> Asian Slaw Fresh New York Apples	Classic Cheese Pizza Margherita Pizza Garlic Knot Roasted Chickpea with Basil Pesto <u>Salad Bar</u> Fresh Marinated Vegetable Salad
19	20	21	22	23
Midwinter Recess	Midwinter Recess	Midwinter Recess	Midwinter Recess	Midwinter Recess
Baked Penne Garlic Toast Roasted Zucchini <u>Salad Bar</u> Broccoli and Cranberry Salad	100% Beef Hamburgers & Cheeseburgers Served with Lettuce, Tomato & New York Onion Seasoned Wedge Fries <u>Salad Bar</u> Fresh Cilantro Slaw	Hot Sliced Turkey with Gravy Honey Corn Muffin Mashed Potatoes Orange Roasted Carrots <u>Salad Bar</u> Confetti Corn Salad	Spinach and Mozzarella Quesadilla with Tomatoes with Rice and Salsa Seasoned Pinto Beans <u>Salad Bar</u> Kale Salad Fresh New York Apples	Classic Cheese Pizza Veggie Pizza Kale Caesar Salad <u>Salad Bar</u> Italian Marinated Cucumber Salad
26	27	28		
Crunchy Tofu with Korean BBQ Sauce Vegetable Fried Rice Vegetable Egg Roll with Duck Sauce <u>Salad Bar</u> Italian Classico Salad	100% Beef Greek Style Cheeseburgers Served on Ciabatta Bread Turkey Burger Burgers served with Lettuce Tomato & New York Onion Sweet Potato Waffle Fries <u>Salad Bar</u> Confetti Corn Salad	Black Bean Quesadilla with Rice and Salsa Confetti Corn Salad Spring Mix Salad <u>Salad Bar</u> Carrot & Lemon Salad	 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD	

OFFERED DAILY

Entree Alternatives

- PB&J Sandwich
- Cheese Sandwich
- Plain Turkey Sandwich
- Hummus Grab & Go
- Cheese & Tomato Bagel with Fresh Fruit Grab & Go

Milk

- 1% Low-fat
- Fat Free
- Fat Free Chocolate

Fresh Fruit

No Artificial flavors, colors, or sweeteners in all SchoolFood Products

Homemade Dressings

- Balsamic Vinaigrette
- Caesar
- Italian Vinaigrette

Flavor Station

- Granulated Garlic
- Red Pepper Flakes
- Parmesan Cheese

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MENUS ARE SUBJECT TO CHANGE
SCHOOLFOOD MENUS ARE PORK FREE